

INTRODUCTION

Sleepy Tooth Dental provides anesthesia services for people who are afraid of dental treatment or otherwise have special needs (e.g. autism, cerebral palsy, resistance to local anesthesia, strong gag reflex). Many people are concerned about the prospect of anesthesia, but common problems are mild and major problems are extremely rare. Over the last fifty years the advent of new anesthesia tools and techniques has brought an unprecedented level of safety to the field.

If you and your dentist believe that you can benefit from sedation or general anesthesia, rest assured that our doctors are prepared with all the equipment, monitors, and medications to keep you comfortable and safe. Our doctors are either board certified or board-eligible and have the training to meet your needs. We take into account the dental treatment, medical history, and response to medications to tailor the anesthesia to your needs.

We understand that dental treatment can be uncomfortable and can seem to last forever. We will provide you with the three A's of anesthesia:

- Anxiolysis – relief of anxiety
- Amnesia – no memory
- Analgesia – pain relief

A doctor will call you to discuss your expectations, medical history, and anesthesia plan, as well as to answer any questions you may have. Depending on your medical history, you may be asked to consult a physician and/or provide further information such as lab work or studies.

Please read the entire consent and provide your initials where required. It is **very important** that you tell the anesthesiologist all the information you can about your health, including a new cough or cold or other new medical problem since your last visit. It is also **very important** that you read and follow all the preoperative instructions as your safety depends upon proper preparation. If you have any questions prior to your visit or after treatment, feel free to call us at any time.

Dr. Jacob Eisdorfer DDS



CONSENT

RISKS

Patient safety is the doctors' primary concern. Serious complications are uncommon, but there are risks inherent to anesthesia. Common complications include, but are not limited to: bruising or tenderness at the IV and IM (injection) site, muscle soreness, throat soreness, injury to/bleeding of mouth/lips/nose/throat, headaches, dizziness, blurred vision, weakness, agitation, impaired cognitive function (not acting normally), drowsiness, nausea and/or vomiting. There are rare but potentially fatal complications of anesthesia, including but not limited to: anaphylaxis (severe allergy), malignant hyperthermia, cardiac arrhythmias and arrest, and vomiting with aspiration and hypoxemia. Severe complications would require emergency transport and potentially hospitalization.

I fully understand the risks, benefits, contraindications, and alternatives to anesthesia. I understand that I am responsible for costs of treating any potential complications that require additional medical treatment outside the scope of the anesthetic plan (e.g. medical transport, hospitalization). I have had all my questions answered to my satisfaction and agree to proceed with the anesthetic plan.

HIPAA CONSENT

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information.

I understand that this information can and will be used to: 1) conduct, plan, and direct treatment and follow-up among the multiple healthcare providers who may be directly and indirectly involved in treatment 2) obtain payment from 3rd party payers.

PATIENT NAME

SIGNATURE

DATE

GUARDIAN NAME AND RELATIONSHIP (IF APPLICABLE)



INSTRUCTIONS

EATING AND DRINKING (FAILURE TO COMPLY MAY RESULT IN SEVERE COMPLICATIONS INCLUDING DEATH)	
<u>Initials:</u> _____	NO SOLID FOOD OR MILK 8 HOURS BEFORE APPOINTMENT. Patient may have a glass of water or clear apple juice up to 2 hours before the appointment.
MEDICAL	
_____	I agree to report all changes in medical history (new cold, congestion, yellow mucus, fever, tiredness, malaise) that may have occurred between the time of the medical questionnaire/consult and the day of the appointment. New colds may make anesthesia more risky and it may be better to reschedule. Please continue to take regular prescription medications with a small sip of water, unless the doctor has instructed otherwise.
_____	I will advise the doctor of a suspected or confirmed pregnancy or whether I am a nursing mother.
CLOTHING	
_____	The patient should wear loose fitting clothing for easy removal. Bottom shirt should have short sleeves. For long procedures, consider wearing an adult diaper or bring a change of clothes. Bring a warm blanket for your comfort. Make sure to remove contact lenses. Avoid nail polish – it may need to be removed for anesthesia.
PATIENT SAFETY	
_____	I agree to remain in the office until discharged by doctor.
ESCORT AND SUPERVISION	
_____	A responsible adult escort must accompany the patient to the office and take the patient home. Patients should not drive a car or operate machinery for 24 hours because the effects of sedation may remain in the system even after the patient is awake and mobile.

Please do not change your routine prior to your appointment. Be aware that your waiting time and appointment time may be longer than you expect – patients undergoing anesthesia have individual needs that must be attended to for everyone’s well-being. If you have any questions, please call us at (347)-455-0888 at anytime.

I have initialed the above statements and fully understand the risks, benefits, contraindications, and alternatives to anesthesia. I understand that I am responsible for costs of treating any potential complications that require additional medical treatment outside the scope of the anesthetic plan (e.g. medical transport, hospitalization). I have had all my questions answered to my satisfaction and agree to proceed with the anesthetic plan.

PATIENT NAME

SIGNATURE

DATE

GUARDIAN NAME AND RELATIONSHIP (IF APPLICABLE)



DISCHARGE

Anesthesia medications can alter perception, memory, and coordination. While modern anesthesia medications act and stop acting quickly, the effects of these medications may last up to 24 hours. Please adhere to the following post-anesthesia instructions to ensure an uneventful recovery.

ACTIVITY

You must have a responsible escort to bring you home. It may take up to 24 hours to be fully recovered. During this time, avoid driving or operating mechanical or electrical devices that can cause injury, using staircases by yourself, making important decisions or signing documents, and using alcohol or recreational drugs. Relax in a comfortable environment and refrain from strenuous activity for the remainder of the day.

DIET

Begin slowly with clear liquids. Since nausea and vomiting are common after anesthesia, avoid dairy and solid foods until later in the day and introduce slowly. Once tolerated, drink liquids for the rest of the day as good hydration will help you feel better. The dentist may have additional dietary instructions depending on the treatment that was performed. If there is vomiting that persists longer than 4 hours, contact the anesthesiologist.

PAIN / DISCOMFORT

Pain medicine given: LOCAL ANESTHESIA IV PAIN RELIEVER

These pain medications may wear off within a few hours. For mild pain or soreness, take over-the-counter Tylenol or Motrin as directed in the package. If severe pain and/or fever develops, contact the dentist and/or go to the emergency room.

TYLENOL/ACETAMINOPHEN MAY BEGIN IMMEDIATELY STARTING AT _____
MOTRIN/IBUPROFEN MAY BEGIN IMMEDIATELY STARTING AT _____
OTHER: _____

MEDICATIONS

Continue taking prescribed medications at the next regular time once liquids are tolerated, unless otherwise directed by the doctor.

BLEEDING

Follow the dentist's instructions regarding post-operative bleeding. If bleeding persists longer than you were told to expect or seems excessive, contact the dentist.

OTHER

You can expect marks or redness on the body from tape, monitors, or medications. You may have a slightly elevated temperature following anesthesia which should resolve shortly - consider Motrin or Tylenol when liquids are tolerated. You may feel differently than normal and/or have a fast heart rate for a few hours - try to drink fluids and maintain a calm environment.

If you have any concern about the your recovery, please call us at (347)-455-0888.

I have received a copy of and reviewed these instructions and have had all questions answered to my satisfaction.

PATIENT NAME	ESCORT SIGNATURE	DATE
ESCORT NAME AND RELATIONSHIP		TIME OF DISCHARGE