



INTRODUCTION

Sleepy Tooth Dental provides anesthesia services for children who need a lot of dental treatment, are afraid of the dentist, or otherwise have special needs (e.g. autism, cerebral palsy, resistance to local anesthesia, strong gag reflex). Many people are concerned about general anesthesia, but common problems are mild and major problems are extremely rare in healthy children.¹

If you and your dentist believe that your child would benefit from sedation or general anesthesia, rest assured that our doctors are prepared with all the equipment, monitors, and medications to keep your child comfortable and safe. Our doctors are either board certified or board-eligible and have the training to meet the specific needs of your child.

Benefits to the patient:

- Patient does not remember or feel any of the dental treatment
- Complete entire treatment in one visit
- Better quality dental treatment
- Improved quality of life²

You may be required to have a medical consult form filled out by your child's primary physician and submitted before your appointment. Please read the entire consent and provide your initials where required. It is **very important** that you tell the anesthesiologist all the information you can provide about your child's health, including a new cough or cold or other medical problem since your last visit. It is also **very important** that you read and follow all the preoperative instructions as your child's safety depends upon proper preparation. If you have any questions prior to your visit or after treatment, feel free to call us at any time.

Dr. Jacob Eisdorfer DDS

¹ Anesthesia & Analgesia: June 2011 - Volume 112 - Issue 6, "Postoperative Mortality in Children After 101,885 Anesthetics at a Tertiary Pediatric Hospital"

² Anesth Prog 2003;50:105-10. White H, Lee JY, Vann WF. "Parental evaluation of quality of life measures following pediatric dental treatment using general anesthesia"



CONSENT

RISKS

Patient safety is the doctors' primary concern. Serious complications are uncommon, but there are risks inherent to anesthesia. Common complications include, but are not limited to: bruising or tenderness at the IV and IM (injection) site, muscle soreness, throat soreness, injury to/bleeding of mouth/lips/nose/throat, headaches, dizziness, blurred vision, weakness, agitation, impaired cognitive function (not acting normally), drowsiness, nausea and/or vomiting. There are rare but potentially fatal complications of anesthesia, including but not limited to: anaphylaxis (severe allergy), malignant hyperthermia, cardiac arrhythmias and arrest, and vomiting with aspiration and hypoxemia. Any of these complications would require emergency transport and potentially hospitalization.

I fully understand the risks, benefits, contraindications, and alternatives to anesthesia. I have been given the opportunity to decline anesthetic medications for my child and have been explained alternative treatment options for his or her dental care. I understand that I am responsible for costs of treating any potential complications that require additional medical treatment outside the scope of the anesthetic plan (e.g. medical transport, hospitalization). I have had all my questions answered to my satisfaction and agree to proceed with the anesthetic plan.

HIPAA CONSENT

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information.

I understand that this information can and will be used to: 1) conduct, plan, and direct treatment and follow-up among the multiple healthcare providers who may be directly and indirectly involved in treatment 2) obtain payment from 3rd party payers.

PATIENT NAME

PARENT/GUARDIAN NAME

RELATIONSHIP

SIGNATURE

DATE



INSTRUCTIONS

| | |
|---|---|
| EATING AND DRINKING (FAILURE TO COMPLY MAY RESULT IN SEVERE COMPLICATIONS INCLUDING DEATH) | |
| <i>Initials:</i> _____ | NO SOLID FOOD OR MILK 8 HOURS BEFORE APPOINTMENT. Patient may have a small cup (about 6 ozs) of water or clear apple juice up to 2 hours before the appointment. On the day of the appointment do not send your child to school or daycare. Supervise them at all times to make sure nothing goes into his or her mouth, including but not limited to: gum, candy, crayons, etc... No bath or tooth brushing to make sure child does not swallow any water by accident. |
| MEDICAL CHANGES | |
| _____ | I agree to report all changes in medical history (new cold, congestion, yellow mucus, fever, tiredness, malaise) that may have occurred between the time of the medical questionnaire/consult and the day of the appointment. New colds may make anesthesia more risky and it may be better to reschedule. Please continue to take regular prescription medications with a small sip of water, unless the doctor has instructed otherwise. |
| CLOTHING | |
| _____ | Make sure your child wears loose fitting clothing for easy removal. Bottom shirt should have short sleeves. Shorts are preferred over pants. Bring a change of clothing, warm blanket, and a pillow for the car ride home. If age-appropriate, have the child wear a diaper and bring an extra one. Do not use contact lenses. Avoid nail polish – it may need to be removed for anesthesia. No nylons or hair extensions! All patients should use the bathroom immediately before the procedure. |
| PATIENT SAFETY | |
| _____ | I agree to remain in the office once sedation/anesthesia is started and to remain in the office until discharged by the anesthesiologist. |
| ESCORT AND SUPERVISION | |
| _____ | <i>Prepare to have two adults including the guardian available for the appointment.</i> When the child is asleep and/or the doctor requests it, you MUST leave the operatory for the patient's safety – NO EXCEPTIONS. If you have other children with you, another adult should be available to watch them in the waiting room. I will advise the doctor of a suspected or confirmed pregnancy as some anesthetic medications are known to cause injury or spontaneous abortion to an unborn child. |

Please do not change your child's routine, stay up too late, or feed them later than usual just because of the appointment. Please be aware that your waiting time and appointment time may be longer than you expect – patients undergoing anesthesia have individual needs that must be attended to for everyone's well-being. If you have any questions, please call us at (347)-455-0888 at anytime.

| | | | |
|----------------------|--------------|-----------|------|
| PATIENT NAME | | | |
| PARENT/GUARDIAN NAME | RELATIONSHIP | SIGNATURE | DATE |



DISCHARGE

Your child has received medications that can alter their perception, memory, and coordination. While modern anesthesia medications act and stop acting quickly, the effects of these medications may last up to 24 hours. Please adhere to the following post-anesthesia instructions to ensure an uneventful recovery.

ACTIVITY

The patient may feel sleepy and nap on and off throughout the day. Try to remain with him or her for the rest of the day because their balance and coordination may be affected even if it appears that they have returned to normal. Do not allow the patient to play energetically, run around, climb the stairs, take an unattended bath or swim in the pool, etc... Let them move themselves - if you rock or sway them they may get nauseous and vomit. Avoid making trips anywhere but home after the procedure, keep a comfortable temperature, and closely supervise for the rest of the day.

DIET

Begin slowly with clear liquids. Since nausea and vomiting are common after anesthesia, avoid dairy and solid foods until later in the day and introduce slowly. Once the patient can tolerate it, encourage drinking liquids for the rest of the day as this will help the patient feel better. The dentist may have additional dietary instructions depending on the treatment that was performed. If patient has vomiting that persists longer than 4 hours, contact the anesthesiologist.

PAIN / DISCOMFORT

Pain medicine given to patient: LOCAL ANESTHESIA IV PAIN RELIEVER

These pain medications may wear off within a few hours. For mild pain or soreness, take over-the-counter children's Tylenol or Motrin as directed in the package. If severe pain and/or fever develops, contact the dentist and/or go to the emergency room.

TYLENOL/ACETAMINOPHEN MAY BEGIN IMMEDIATELY STARTING AT _____
MOTRIN/IBUPROFEN MAY BEGIN IMMEDIATELY STARTING AT _____

OTHER: _____

MEDICATIONS

Continue taking prescribed medications at the next regular time once liquids are tolerated, unless otherwise directed by the doctor.

BLEEDING

Follow the dentist's instructions regarding post-operative bleeding. If bleeding persists longer than you were told to expect or seems excessive, contact the dentist.

OTHER

You can expect marks on the patient from tape, monitors, or medications. The patient might have a slightly elevated temperature following anesthesia which should resolve shortly - consider Motrin or Tylenol when liquids are tolerated. The patient may act differently than normal and/or have a fast heart rate for a few hours - try to encourage drinking fluids and maintaining a calm environment.

If you have any concern about your child's recovery, please call us at (347)-455-0888.

I have received a copy of and reviewed these instructions and have had all questions answered to my satisfaction.

PATIENT NAME

TIME OF DISCHARGE

PARENT/GUARDIAN NAME

RELATIONSHIP

SIGNATURE

DATE